



# News from Cabin Creations

April 2019

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## April:

April 1<sup>st</sup> -20<sup>th</sup> : Yankee Tart and Votive Candle Sale

April 21<sup>st</sup>: Closed for Easter

April 22<sup>nd</sup>: Start Earth Day Celebration

May 9<sup>th</sup>: Next expected Amish Furniture delivery

## **Yankee Fragrance of the Month (25% off):**

Alfresco Afternoon (new), Home Sweet Home, Honey Lavender Gelato

## **Cheese of the Month:**

Bletsoe's Cheddar Cheese with Tomato Basil, \$7.00

## **Essential Oil of the Month (25% off):**

Bergamot

## **Stay Connected:**

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## **Celebrate Earth Day**

So many of our customers love the Northwoods for its natural beauty. With Earth Day celebrated in April, it got us thinking on how we could do our part in helping out

Mother Earth. After throwing around a lot of ideas, we decided our favorite was to give away some trees! We're still working out the details so we ask for your flexibility. Stay tuned to our Facebook page for more details. And, if you can, do your part too. Whether it's picking up litter, recycling more, or using less, it all adds up!



## **Yankee Sale!**

Stock up on Yankee tarts and votive candles, all 20% off, so they are just \$1.59 each! We have many spring fragrances available. New for 2019 are Alfresco Afternoon, Moonlit Blossoms, Seaside Woods, Belgian Waffles, White Strawberry Bellini and Turquoise Glass.



## Soak It Up Cloths



One of favorite eco-friendly products are Soak It Up Cloths. They are a Swedish Style cloth that is 100% natural, made of 70% cellulose (tree pulp) and 30% cotton, with water-based inks, making them completely compostable. One cloth saves 15 rolls of paper towels, and can hold 20 times its weight in liquid. They can be cleaned in the dishwasher or sanitized in the microwave. Soak it Up Cloths are perfect for quick cleanups on dishes in the kitchen, bath, camper or nursery. They work well on everything from dishes to faces. When worn out, simply compost, or chop up and put in your plants to help keep the soil moist longer. Designed in Minnesota and made in Sweden. They are great!



## Recipe Corner :

### Smokehouse Ham & Egg Cups

#### Ingredients:

- 1 Smokehouse Bacon & Cheddar Cheeseball Mix
- 8 oz cream cheese
- 12 slices deli ham
- 12 eggs
- 1 cup shredded cheddar cheese
- Salt & pepper to taste



#### Directions:

Preheat oven to 400°. Combine Cheeseball Mix and cream cheese until smooth, set aside. Spray muffin tin with cooking spray. Fold the ham in half and drape into the muffin tin cups. Press one tablespoon of Cheeseball Mixture on top of ham in each cup, then crack an egg on top. Sprinkle with Topping packet. Season with salt and pepper to taste. Bake 15-18 minutes until egg whites have set. Sprinkle with shredded cheese and return to oven for a couple more minutes. Let stand a few minutes before spooning out of tin. Tip: Cooking time depends on how you like your egg yolks cooked. 15 minutes will result in a runny yolk. Approximately 18 minutes will result in a firm yolk.

Recipe from [www.windandwillow.com](http://www.windandwillow.com)

## Oil of the Month – Bergamot – 25% Off

# Airomé



### Bergamot Essential Oil

**DESCRIPTION:** A fragrant citrus fruit. Diffuse this calming, uplifting aroma to ease stress and anxious feelings.

**TOP AROMATHERAPY BENEFITS:** calm • decompress • uplift

**AROMA:** Citrusy & Spicy

**BLENDS WITH:** Eucalyptus, Lavender, Lemon

**INGREDIENTS:** Citrus aurantium bergamia (bergamot) oil

**COLLECTION METHOD:** Cold Pressed

**CAUTION:** Discontinue use if skin sensitivity occurs. Keep out of reach of children. Not for internal use. If pregnant, nursing, or under a doctor's care, consult physician. Avoid contact with eyes and mucous membranes. Avoid sunlight or UV rays for up to 48 hours after applying product.



#### TOP TIPS:

##### Diffuser

Add 1 drop oil per 20 ml of water and diffuse for a calming and uplifting aromatherapy experience.

##### Air Freshener

Add a few drops to a spray bottle, shake well and use as an air freshener.

##### Diffuse the Tension

Diffuse when tension or stress levels are high.

##### Linen Mist

Add a few drops to a spray bottle, shake well and use as a linen mist.

##### Use Before Bed

Add a few drops to carrier oil and apply to feet at bedtime to promote calming feelings.

##### Add to Bath

Add a few drops to a warm bath for a calming soak.

##### Shower Moisturizer

Dilute with a carrier oil and apply to skin during or after shower to relax and uplift.

##### Add to Cleanser

Add to skincare cleanser to improve its benefits. Avoid contact with eyes.

##### Sugar Scrub

Combine 10-15 drops essential oil with 1/2 cup coconut oil and 1/2 cup sugar for an invigorating DIY sugar scrub for glowing skin.

##### Surface Cleaner

Add 15 drops of bergamot oil to a spray bottle with 1 cup distilled water, and 1/4 cup white vinegar. Shake well.

##### Floor Cleaner

Create a DIY floor cleaner by adding 1/2 cup warm water, 1/4 cup white vinegar, 1 teaspoon liquid dish soap and 10 drops bergamot oil to a spray bottle.

##### Encourage Metabolism

Combine with a carrier oil and apply to wrists and chest when dieting and exercising.